Ballroom Dancing
Would you like to learn some of the exciting dances you have seen on recent popular television shows? Now is the perfect time to learn a new dance, brush up on your salsa, or add a new move to your swing. This high energy class will introduce you to the basics of many fun dances such as salsa, swing, waltz, and rumba. In this class you will be the star! Yvette began teaching ballroom dancing in 1989. She taught and competed on a national and international level as a representative of Sweden in world and European competitions in the international Latin division. Yvette wants everyone who comes to her class to leave feeling that learning to dance is an easy and fun way for an individual to get in shape, learn body awareness, partnering skills, and feel more at ease in any social situation. Be sure to wear comfortable shoes - not tennis shoes.

Instructor: Yvette Whiteley
Date: 1/19/2016 - 4/12/2016
Location: CCC Gym
Course Fee: $80
Class hours: 18 hrs
Time: 6:30 PM - 8:00 PM

Ceramics
Ceramics instructor, Joyce Condrey, will guide students through the processes of finishing and firing of beautiful ceramic pieces. This class will focus on the finishing processes of pouring, cleaning the green ware, decorating, glazing, and firing for a hand-made finished product.

Instructor: Joyce Condrey
Date: 1/25/2016 - 4/4/2016
Location: Hunt 2042
Course Fee: $60 + $16 Material fee
Class hours: 30 hrs
Time: 9:00 AM - 12:00 PM

Christian Meditation and Contemplation
Meditation in Christianity has ancient roots, in both Western and Orthodoxy Christianity. This class reviews the basis, history, and technique of various forms of Christian meditation. In each session, participants will have the opportunity to practice at least one of the forms discussed in that session.

Instructor: Tim Ware
Date: 2/4/2016 - 2/18/2016
Location: LeGrand
Course Fee: $30
Class hours: 4.5 hrs
Time: 6:00 PM - 7:30 PM

Conversational Spanish
This exciting course is a fun, no-pressure way to learn and practice the basics of Spanish! Whether you are interested in gaining fundamental knowledge necessary in speaking and understanding the language for work and professional purposes, communicating with family and friends, being able to help your children in their classes or simply are intrigued by Spanish culture this is the class for you! You will be given guided instruction each week with the opportunity to maximize comprehension as well as regularly engage in stimulating conversation to perfect your newly-learned skills.

Instructor: Claudia Phillips
Date: 1/28/2016 - 4/21/2016
Location: Bailey Center, 5206
Course Fee: $70 + Book
Class hours: 24 hrs
Time: 6:30 PM - 8:30 PM
**Conversational Spanish II**

This course is the next level for those who have already completed Conversational Spanish I. We will continue to hone our skills in speaking and writing the language and practice communication for the real world. We also will further explore Hispanic culture and customs.

- **Instructor:** Claudia Phillips
- **Course Fee:** $70 + Book
- **Class hours:** 24 hrs
- **Date:** 1/26/2016 - 4/19/2016
- **Days:** T
- **Time:** 6:30 PM - 8:30 PM
- **Location:** LeGrand

**Crochet, Beginner**

This course is a guide to the basics of crochet: picking the right yarn and hooks, basic stitches (including single, double, and half-double crochet), reading patterns, and how to put it all together. Students will leave this course with the skills to make many different crocheted items including blankets, scarves, and washcloths. Students should bring crochet hook (sizes H-J are best), yarn (Redheart Super Saver is fine), and scissors.

- **Instructor:** Natasha Hudgins
- **Course Fee:** $40
- **Class hours:** 12 hrs
- **Date:** 1/26/2016 - 3/1/2016
- **Days:** T
- **Time:** 10:00 AM - 12:00 PM
- **Location:** LeGrand, 6111

**Crochet, Beginner**

- **Instructor:** Natasha Hudgins
- **Course Fee:** $40
- **Class hours:** 12 hrs
- **Date:** 1/26/2016 - 3/1/2016
- **Days:** T
- **Time:** 6:00 PM - 8:00 PM
- **Location:** LeGrand

**Doll Making, Porcelain**

Instructor Helen Lamoureux will introduce students to the complete process of porcelain doll making as well as other porcelain items. Students will engage in the step-by-step process of completing an heirloom porcelain doll by learning pouring and cleaning greenware, cutting out eyes and insertion, painting dolls, and assembling and wigging.

- **Instructor:** Joyce Condrey
- **Course Fee:** $60 + $30 Material fee
- **Class hours:** 30 hrs
- **Date:** 1/27/2016 - 4/6/2016
- **Days:** W
- **Time:** 9:00 AM - 12:00 PM
- **Location:** Hunt 2042
Effective Meetings
Do meetings frustrate you? Do you think meetings are a waste of time? Do you avoid meetings if at all possible? If you answered yes to any of these questions then you will benefit from this course as you will find ways to run more effective meetings and make meetings more productive. If you are involved in an organization and want to have quality meetings that result in decisions rather than more meetings, this course is for you. You will be exposed to methods of running a productive meeting as well as becoming familiar with the process of handling motions and conducting proper elections. In addition, you will receive a basic overview of Roberts' Rules of Order, the most widely used and authoritative reference in the field of meeting procedure and management, that will help your meetings run smoother and keep them on target. The course will take a look at how articles of incorporation and by-laws should be constructed so as to insure decisions made by your organization are in conformity with the law and public policy. This course will aid you in maintaining a smooth flow of business at meetings and public gatherings.

Instructor: Michael Chrisawn  
Course Fee: $40  
Class hours: 8 hrs
Date: 2/2/2016 - 2/23/2016  
Days: T  
Time: 6:00 PM - 8:00 PM
Location: LeGrand

Experiential Herbal Medicine
This course introduces students to the philosophy and practice of holistic herbal medicine. Through a series of discussions, demonstrations, and plant walks students will learn a hands on approach to the healing relationships between humans and plants. Topics covered will include:

- Philosophy of holistic herbal medicine
- Medicinal properties and energetics of plants
- Herbal approach to the digestive and nervous systems
- Plant identification of local medicinal plants
- Ethical wildcrafting and medicine making

Some class time will be spent outside, weather permitting. Please be aware that plant walks will include 1 - 2 hours walking the land at Living Earth Sanctuary. www.livingearthsanctuary.org

Instructor: Stacey Costner/Alex "Meander" Fear  
Course Fee: $60  
Class hours: 18 hrs
Date: 4/5/2016 - 5/10/2016  
Days: T  
Time: 5:30 PM - 8:30 PM
Location: Living Earth Sanctuary
Floral Design
Let your imagination flow as you learn to create beautiful door wreaths, center pieces, and floral arrangements during this class led by Renee Walker. Students will purchase their own supplies.

Instructor: Renee Walker  
Course Fee: $58 + Materials  
Class hours: 25 hrs

Date: 1/12/2016 - 3/15/2016  
Days: T  
Time: 6:00 PM - 8:30 PM

Location: Boiling Springs Florist

Knitting, Beginner
Mark this one off you bucket list as you learn to knit with all of the exciting and new yarns that are on the market today! In this class Terry Melton will get you started in making scarves, shawls, ponchos, pocketbooks, and dish cloths. Students will also learn to cast on, knit, purl, yarn over, increase and decrease, and bind off; plus learn to read patterns. Interested students should bring size 11 needles either bamboo or acrylic, preferably short length. Students should also bring either cotton or acrylic yarn depending on their projects. (Any type yarn will be fine for the first class.) Other supplies will be discussed in class.

Instructor: Terry Melton  
Course Fee: $40 + materials  
Class hours: 12 hrs

Date: 1/25/2016 - 2/29/2016  
Days: M  
Time: 6:30 PM - 8:30 PM

Location: Shelby Senior Center Creative Arts Room

Knitting, Intermediate
Are you ready to take your knitting skills to the next level? If so, this intermediate class can get you there. Students will learn about picking up stitches, recovering dropped stitches, and working with more detailed stitches. Students will also learn to work with circular needles (size 13 or 15 with 16 inch cord) as well as felting and fulling and making purses and hats from wool. Students should bring appropriate needles and yarn depending on their projects.

Instructor: Terry Melton  
Course Fee: $40 + materials  
Class hours: 12 hrs

Date: 3/14/2016 - 5/2/2016  
Days: M  
Time: 6:30 PM - 8:30 PM

Location: Shelby Senior Center Creative Arts Room

Mixed Media
In this class students will learn techniques for applying art tissue, found papers and objects, with acrylic mediums and paint to create abstract collages and paintings. Students should bring a 1-inch acrylic flat brush to class.

Instructor: Terry Melton  
Course Fee: $55 + $10 material fee  
Class hours: 18 hrs

Date: 1/13/2016 - 2/17/2016  
Days: W  
Time: 10:00 AM - 1:00 PM

Location: Shelby Senior Center Classroom #2
Photography I
In this class students will learn about camera settings and the proper operation of your camera. Various lighting and shooting techniques will also be studied. This class is designed to give a student the necessary knowledge to use their camera correctly and confidently.

Instructor: Chip Nuhrah
Course Fee: $70
Date: 1/14/2016 - 3/24/2016
Class hours: 20 hrs
Days: TH
Time: 6:00 PM - 8:00 PM
Location: LeGrand

Pottery, Intro to
This course will provide a workshop setting where both beginner and intermediate pottery students can increase their skills and knowledge. Students will learn numerous techniques of making pottery on the potter’s wheel. The focus will be on utilitarian forms. Topics will include centering, using potter’s tools, throwing basic and intermediate forms, trimming, handling, glazing and firing an electric kiln. Many decorative techniques will be explored as well. Students will need to bring pottery tools. (Kit approximately $20).

Instructor: Ron Philbeck
Course Fee: $120 + $30 materials fee
Date: 1/25/2016 - 4/4/2016
Class hours: 25 hrs
Days: M
Time: 6:00 PM - 8:30 PM
Location: Hunt 2042

Pottery, Intro to

Instructor: Ron Philbeck
Course Fee: $120 + $30 materials fee
Date: 1/27/2016 - 4/6/2016
Class hours: 25 hrs
Days: W
Time: 6:00 PM - 8:30 PM
Location: Hunt 2042

PSB Review Test Class
This course provides training by reviewing questions which appear on the PSB review test. Prepared candidates tend to score better than non-prepared candidates. Maximize your testing score by preparing before the test and master selected test taking strategies. Limited seating!

Instructor: Wanda Scruggs
Course Fee: $70
Date: 1/4/2016 - 1/8/2016
Class hours: 17.5 hrs
Days: MTWTHF
Time: 8:30 AM - 12:00 PM
Location: TBA
Quilting, Advanced
This advanced quilting class will help students take their skills to the next level. Instructor, Brenda Arrowood, will show students the techniques of quilting including patchwork, appliqué, shadow appliqué, soft shading, lap quilting, making pillows, drafting patterns, and continuous bias binding.

Instructor: Brenda Arrowood  
Course Fee: $65 + materials  
Class hours: 30 hrs  
Date: 2/9/2016 - 5/3/2016  
Days: T  
Location: Shelby Senior Center Classroom #2  
No Class: March 1, 8, & 15th, 2016  
Time: 9:00 AM - 12:00 PM

Quilting, Beginner
It’s never too late to begin learning the delicate process of quilting. This beginner class will get students started in learning basic techniques and terminology in quilting and is a must for anyone wishing to move into an advanced class.

Instructor: Brenda Arrowood  
Course Fee: $65 + materials  
Class hours: 30 hrs  
Date: 2/9/2016 - 5/3/2016  
Days: T  
Location: Shelby Senior Center Classroom #2  
No Class: March 1, 8, & 15th, 2016  
Time: 1:00 PM - 4:00 PM

Sewing, Adv. Beginner
Pre-requisite: Beginner Sewing class OR must be able to thread and run your machine, have basic sewing skills including reading and following a pattern. In this advanced beginner sewing class, students will make a vest with a separating zipper and a lined tote bag. This class gives you more in depth sewing experience which includes putting in a separating zipper (used in jackets and vests), how to put in a lining and how to make a buttonhole. You will receive guided instruction, but will be encouraged to read pattern and advanced at your own pace. Bring your own working sewing machine including the operator’s manual, but machines are available for use in the class if needed. Students will be required to bring basic sewing supplies (fabric scissors, sewing gauge, seam ripper, tailors chalk, hand sewing needles, tape measure, straight pins and one large safety pin) and purchase pattern, thread, and fabric for their projects. Joanne Fisher has a BS degree in textiles and has over 40 years of sewing experience. She currently manages The Rag Bag of Shelby.

Instructor: Joanne Fisher  
Course Fee: $75 + materials  
Class hours: 15 hrs  
Days: M  
Location: Shelby Senior Center Classroom #2  
Time: 6:00 PM - 8:30 PM
Personal Interest

Sewing, Beginner
Have you ever wanted to learn to sew or brush-up on your sewing skills? In this basic sewing class, students will learn the tools of the trade and how to use them – from the sewing machine to pattern interpretation and fitting, thread types and fabric types. Students will also learn basic sewing, including how to put in a zipper and make a casing for elastic. By the end of the class, you will complete three projects. You are encouraged to bring your own working sewing machine including the operator’s manual, but machines are available for use in the class if needed. Students will be required to bring basic sewing supplies (fabric scissors, sewing gauge, seam ripper, tailors chalk, hand sewing needles, tape measure, straight pins and one large safety pin) and purchase pattern, thread, and fabric for their projects. Joanne Fisher has a BS degree in textiles and has over 40 years of sewing experience. She currently manages The Rag Bag of Shelby.

Instructor: Joanne Fisher
Date: 1/25/2016 - 2/29/2016
Location: Shelby Senior Center Classroom #2

Course Fee: $75 + materials
Class hours: 15 hrs
Time: 6:00 PM - 8:30 PM

Shag Dancing
Have you ever wanted to learn to Shag Dance? Now is your chance. Come learn the basics of Shag Dancing including the “basic” count and footwork, the start, the female turn, the male turn and going into and coming out of the trailing position. Couples or singles are welcome. If students are couples, each person is required to register and pay the registration fee separately. Wear comfortable clothing and leather-soled shoes.

Instructor: Glenn Carter
Date: 2/1/2016 - 2/29/2016
Location: Shelby Senior Center Fitness Room

Course Fee: $35
Class hours: 7.5 hrs
Time: 6:45 PM - 8:15 PM

Watercolor Painting, Advanced
Ready set, go again! Watercolor is a medium which presents many possibilities. Developing and growing in new ways, the student can create his own personal statements. Acrylic painting will also be explored. A supply list will be given to students when they register.

Instructor: Darlene Godfrey
Date: 1/14/2016 - 3/17/2016
Location: Shelby Senior Center Classroom #2

Course Fee: $75 + materials
Class hours: 30 hrs
Time: 9:00 AM - 12:00 PM

Watercolor Painting, Beginning
Begin – Begin – Begin! Have you always wanted to paint and create? Here is your chance. This is a step-by-step class of watercolor painting demonstrations, techniques and tips. This class provides an investigation of the materials, processes, and techniques of watercolor painting. Emphasis will be placed on the creative personal process. A supply list will be given to students when they register.

Instructor: Darlene Godfrey
Date: 1/14/2016 - 3/17/2016
Location: Shelby Senior Center Classroom #2

Course Fee: $75 + materials
Class hours: 30 hrs
Time: 1:00 PM - 4:00 PM
World Religions

Ever wonder what people around the world believe? This class is a brief survey of non-Christian religions, covering their basic beliefs and worldviews. Religions included are: Islam, Buddhism, Hinduism, Taoism, Han Chinese, and Native American tribal religions.

Instructor: Tim Ware
Date: 2/25/2016 - 3/24/2016
Location: LeGrand

Course Fee: $40
Days: Th
Class hours: 7.5 hrs
Time: 6:00 PM - 7:30 PM